

p -uniform discrete Poincaré inequalities

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Outline

- 1 Introduction
- 2 Equivalent results
 - Stability of discrete constrained minimizations
 - Discrete inf-sup conditions
 - Operator norms of piecewise polynomial vector potential operators
 - Existence of graph-stable commuting projectors
- 3 Proofs and behavior of constants
 - Using broken polynomial extension operators
 - Using stable commuting projectors
 - Using piecewise Piola transformations
- 4 Conclusions and outlook

Setting

Domain

- ω : three-dimensional, open, bounded, connected, Lipschitz, polyhedral (diameter h_ω)

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- $H(\mathbf{grad}, \omega)$: scalar-valued functions from $L^2(\omega)$ with weak gradient in $\mathbf{L}^2(\omega)$
- $H(\mathbf{curl}, \omega)$: vector-valued functions from $\mathbf{L}^2(\omega)$ with weak curl in $\mathbf{L}^2(\omega)$
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de Rham sequence

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Versions with homogeneous boundary conditions available

Poincaré inequalities

Easy case

$$\|u\| \leq C_P^0 h_\omega \|\mathbf{grad} u\| \quad \forall u \in H(\mathbf{grad}, \omega) \text{ s.t. } \langle u, 1 \rangle = 0$$

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- **curl** and **div** have **infinite-dimensional kernels**

Discrete Poincaré inequalities

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- $\mathcal{T}_\omega$: tetrahedral mesh
- $p \geq 0$: polynomial degree

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Super easy case

$$\|u_{\mathcal{T}}\| \leq C_{\mathcal{P}}^{\text{d},0} h_\omega \|\mathbf{grad} u_{\mathcal{T}}\| \quad \forall u_{\mathcal{T}} \in \mathcal{P}_{p+1}(\mathcal{T}_\omega) \cap H(\mathbf{grad}, \omega) \text{ s.t. } \langle u_{\mathcal{T}}, 1 \rangle = 0$$

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Super hard cases

$$\|u_{\mathcal{T}}\| \leq C_{\mathcal{P}}^{\text{d},1} h_\omega \|\mathbf{curl} u_{\mathcal{T}}\| \quad \forall u_{\mathcal{T}} \in \mathcal{N}_p(\mathcal{T}_\omega) \cap \mathbf{H}(\mathbf{curl}, \omega) \text{ s.t. } \langle u_{\mathcal{T}}, \mathbf{v}_{\mathcal{T}} \rangle = 0$$

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$$\|u_{\mathcal{T}}\| \leq C_{\mathcal{P}}^{\text{d},2} h_\omega \|\text{div} u_{\mathcal{T}}\| \quad \forall u_{\mathcal{T}} \in \mathcal{RT}_p(\mathcal{T}_\omega) \cap \mathbf{H}(\text{div}, \omega) \text{ s.t. } \langle u_{\mathcal{T}}, \mathbf{v}_{\mathcal{T}} \rangle = 0$$

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- the discrete spaces are **not subspaces of the continuous ones**

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- the discrete spaces are **not subspaces of the continuous ones**: $C_{\mathcal{P}}^{d,l} \not\leq C_{\mathcal{P}}^l$, $l \in \{1:2\}$

Unified writing – Poincaré inequalities – PI

$$\|u\| \leq C_P^I h_\omega \|d^I u\| \quad \forall u \in V^I(\omega) \text{ such that } \langle u, v \rangle = 0$$

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Unified writing – discrete Poincaré inequalities – DPI

$$\|u_T\| \leq C_P^{d,I} h_\omega \|d^I u_T\| \quad \forall u_T \in V_p^I(\mathcal{T}_\omega) \text{ such that } \langle u_T, v_T \rangle = 0 \\ \forall v_T \in V_p^I(\mathcal{T}_\omega) \text{ with } d^I v_T = 0, \quad I \in \{1:2\}$$

This talk

Unified writing – Poincaré inequalities – PI

$$\|u\| \leq C_P^l h_\omega \|d^l u\| \quad \forall u \in V^l(\omega) \text{ such that } \langle u, v \rangle = 0$$

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This talk

- **values** of $C_P^{d,l}$, $l \in \{1:2\}$

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- **values** of $C_P^{d,I}$, $I \in \{1:2\}$
- their **dependence** on
 - C_P^I
 - $|\mathcal{T}_\omega|$ – the number of tetrahedra in $\mathcal{T}_\omega$
 - p – the polynomial degree
 - $\rho_{\mathcal{T}_\omega}$ – the shape regularity of $\mathcal{T}_\omega$

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 - $|\mathcal{T}_\omega|$ – the number of tetrahedra in $\mathcal{T}_\omega$
 - p – the polynomial degree
 - $\rho_{\mathcal{T}_\omega}$ – the shape regularity of $\mathcal{T}_\omega$
- **optimal answer**: $C_P^{d,I} = C_P^{d,I}(C_P^I, \rho_{\mathcal{T}_\omega}) = C_P^{d,I}(\rho_{\mathcal{T}_\omega})$

Available results

Discrete Poincaré inequalities

- Girault and Raviart (1986), Monk and Demkowicz (2001), Arnold, Falk, and Winther (2006), Ern and Guermond (2021), ...

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Operator norms of a piecewise polynomial vector potential operators

- p -version: Demkowicz and Babuška (2003), Gopalakrishnan and Demkowicz (2004), Demkowicz and Buffa (2005), Costabel and McIntosh (2010), Boffi, Costabel, Dauge, Demkowicz, and Hiptmair (2011) ...
- hp -version: Gopalakrishnan, Pasciak, and Demkowicz (2004), Braess, Pillwein, and Schöberl (2009), Ern, and Vohralík (2020), Chaumont-Frelet and Vohralík (2026), Demkowicz and Vohralík (2026)

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Stable commuting projectors

- h -stable: Schöberl, Christiansen and Winther, Falk and Winther, Ern and Guermond, Licht, Arnold and Guzmán, Ern, Gudi, Smears, and Vohralík, Chaumont-Frelet and Vohralík, ...
- hp -stable: Demkowicz and Vohralík (2026)

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Discrete constrained minimizations

For $r_{\mathcal{T}} \in d^l(V_p^l(\mathcal{T}_\omega))$: Find

$$u_{\mathcal{T}}^* := \arg \min_{\substack{v_{\mathcal{T}} \in V_p^l(\mathcal{T}_\omega) \\ d^l v_{\mathcal{T}} = r_{\mathcal{T}}}} \|v_{\mathcal{T}}\|^2. \quad (1)$$

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Theorem (Equivalence: DPI – stability of discrete constrained minimization)

The DPI are equivalent to the stability of (1) in the sense

$$\|u_{\mathcal{T}}^*\| \leq C_p^{d,l} h_\omega \|r_{\mathcal{T}}\|.$$

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Proof.

- DPI

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- **Euler optimality conditions** of (1):

$$\begin{cases} \text{Find } u_{\mathcal{T}}^* \in V_p^l(\mathcal{T}_\omega) \text{ with } d^l u_{\mathcal{T}}^* = r_{\mathcal{T}} \text{ such that} \\ \langle u_{\mathcal{T}}^*, v_{\mathcal{T}} \rangle = 0 \quad \forall v_{\mathcal{T}} \in V_p^l(\mathcal{T}_\omega) \text{ with } d^l v_{\mathcal{T}} = 0 \end{cases} \quad (2)$$

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$$\begin{cases} \text{Find } u_{\mathcal{T}}^* \in V_p^l(\mathcal{T}_\omega) \text{ and } s_{\mathcal{T}}^* \in d^l(V_p^l(\mathcal{T}_\omega)) \text{ such that} \\ \langle u_{\mathcal{T}}^*, v_{\mathcal{T}} \rangle - \langle s_{\mathcal{T}}^*, d^l v_{\mathcal{T}} \rangle = 0 & \forall v_{\mathcal{T}} \in V_p^l(\mathcal{T}_\omega), \\ \langle d^l u_{\mathcal{T}}^*, t_{\mathcal{T}} \rangle = \langle r_{\mathcal{T}}, t_{\mathcal{T}} \rangle & \forall t_{\mathcal{T}} \in d^l(V_p^l(\mathcal{T}_\omega)). \end{cases} \quad (3)$$

Discrete inf-sup conditions

For $r_{\mathcal{T}} \in d^l(V_p^l(\mathcal{T}_\omega))$, consider

$$\begin{cases} \text{Find } u_{\mathcal{T}}^* \in V_p^l(\mathcal{T}_\omega) \text{ and } s_{\mathcal{T}}^* \in d^l(V_p^l(\mathcal{T}_\omega)) \text{ such that} \\ \langle u_{\mathcal{T}}^*, v_{\mathcal{T}} \rangle - \langle s_{\mathcal{T}}^*, d^l v_{\mathcal{T}} \rangle = 0 & \forall v_{\mathcal{T}} \in V_p^l(\mathcal{T}_\omega), \\ \langle d^l u_{\mathcal{T}}^*, t_{\mathcal{T}} \rangle = \langle r_{\mathcal{T}}, t_{\mathcal{T}} \rangle & \forall t_{\mathcal{T}} \in d^l(V_p^l(\mathcal{T}_\omega)). \end{cases} \quad (3)$$

Theorem (Equivalence: DPI – discrete inf-sup conditions)

The DPI are equivalent to the discrete inf-sup conditions of (3):

$$\inf_{t_{\mathcal{T}} \in d^l(V_p^l(\mathcal{T}_\omega))} \sup_{v_{\mathcal{T}} \in V_p^l(\mathcal{T}_\omega)} \frac{\langle t_{\mathcal{T}}, d^l v_{\mathcal{T}} \rangle}{\|t_{\mathcal{T}}\| \|v_{\mathcal{T}}\|} \geq \frac{1}{C_p^{d,l} h_\omega}.$$

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Proof.

- (3) is equivalent to (2)
- discrete inf-sup conditions $\Leftrightarrow$ stability of discrete constrained minimization

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Piecewise polynomial vector potential operators (Poincaré maps)

Piecewise polynomial vector potential operators:

$$\Phi_{\mathcal{T}}^l : d^l(V_p^l(\mathcal{T}_\omega)) \rightarrow V_p^l(\mathcal{T}_\omega), \quad r_{\mathcal{T}} \rightarrow \Phi_{\mathcal{T}}^l(r_{\mathcal{T}}) \text{ s.t. } d^l(\Phi_{\mathcal{T}}^l(r_{\mathcal{T}})) = r_{\mathcal{T}}.$$

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$L^2(\omega)$ -norm minimizing operators:

$$\Phi_{\mathcal{T}}^{l,*}(r_{\mathcal{T}}) := \arg \min_{\substack{v_{\mathcal{T}} \in V_p^l(\mathcal{T}_\omega) \\ d^l v_{\mathcal{T}} = r_{\mathcal{T}}}} \|v_{\mathcal{T}}\|^2. \quad (4)$$

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Operator norm:

$$\|\Phi_{\mathcal{T}}^{l,*}\| := \max_{v_{\mathcal{T}} \in V_p^l(\mathcal{T}_\omega)} \frac{\|\Phi_{\mathcal{T}}^{l,*}(d^l v_{\mathcal{T}})\|}{\|d^l v_{\mathcal{T}}\|}.$$

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Theorem (Equivalence: DPI – bounds of operator norms)

Best discrete Poincaré inequality constant $C_p^{d,l} h_\omega$ = the operator norm $\|\Phi_{\mathcal{T}}^{l,}\|$.*

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Theorem (Equivalence: DPI – bounds of operator norms)

Best discrete Poincaré inequality constant $C_p^{d,l} h_\omega = \text{the operator norm } \|\Phi_{\mathcal{T}}^{l,*}\|.$

Proof.

- the $L^2(\omega)$ -norm minimizing operator is the minimizer from (1)

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Graph-stable commuting projectors

Theorem (Equivalence: DPI – graph-stable commuting projectors)

The DPI are equivalent to the existence of projectors $\Pi_p^m : V^m(\omega) \rightarrow V_p^m(\mathcal{T}_\omega)$, $m \in \{1:3\}$, satisfying for all $l \in \{1:2\}$ the **commuting**

$$d^l(\Pi_p^l(u)) = \Pi_p^{l+1}(d^l u) \quad \forall u \in V^l(\omega)$$

and the graph-**stability**

$$\|\Pi_p^l(u)\|_{V^l(\omega)} \leq C_{\text{st}} \|u\|_{V^l(\omega)} \quad \forall u \in V^l(\omega).$$

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Proof.

- stable projectors $\implies$ DPI: shown later
- DPI $\implies$ stable projectors:
 - define the (**global**) projector

$$\Pi_p^l(u) := \arg \min_{\substack{v_{\mathcal{T}} \in V_p^l(\mathcal{T}_\omega) \\ d^l v_{\mathcal{T}} = \Pi_p^{l+1}(d^l u)}} \|u - v_{\mathcal{T}}\|^2$$

- show it is stable in the graph norm

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Setting and notation

PI

$$\|u\| \leq C_P^I h_\omega \|d^I u\| \quad \forall u \in V^I(\omega) \text{ such that } \langle u, v \rangle = 0 \\ \forall v \in V^I(\omega) \text{ with } d^I v = 0, \quad I \in \{1:2\}$$

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DPI

$$\|u_T\| \leq C_P^{d,I} h_\omega \|d^I u_T\| \quad \forall u_T \in V_p^I(\mathcal{T}_\omega) \text{ such that } \langle u_T, v_T \rangle = 0 \\ \forall v_T \in V_p^I(\mathcal{T}_\omega) \text{ with } d^I v_T = 0, \quad I \in \{1:2\}$$

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Discrete kernel

$$\exists V_p^I(\mathcal{T}_\omega) := \{v_T \in V_p^I(\mathcal{T}_\omega) : d^I v_T = 0\}$$

Setting and notation

PI

$$\|u\| \leq C_p^I h_\omega \|d^I u\| \quad \forall u \in V^I(\omega) \text{ such that } \langle u, v \rangle = 0 \\ \forall v \in V^I(\omega) \text{ with } d^I v = 0, \quad I \in \{1:2\}$$

DPI

$$\|u_T\| \leq C_p^{d,I} h_\omega \|d^I u_T\| \quad \forall u_T \in V_p^I(\mathcal{T}_\omega) \text{ such that } \langle u_T, v_T \rangle = 0 \\ \forall v_T \in V_p^I(\mathcal{T}_\omega) \text{ with } d^I v_T = 0, \quad I \in \{1:2\}$$

Discrete kernel

$$\mathfrak{Z} V_p^I(\mathcal{T}_\omega) := \{v_T \in V_p^I(\mathcal{T}_\omega) : d^I v_T = 0\}$$

Discrete kernel orthogonal complement

$$\mathfrak{Z}^\perp V_p^I(\mathcal{T}_\omega) := \{u_T \in V_p^I(\mathcal{T}_\omega) : \langle u_T, v_T \rangle = 0 \quad \forall v_T \in \mathfrak{Z} V_p^I(\mathcal{T}_\omega)\}$$

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Broken polynomial extension operators $\implies$ DPI

Theorem (Broken polynomial extension operators $\implies$ DPI)

Assume that there is $C'_{\min}$ such that, for all $r_{\mathcal{T}} \in d^l(V'_{\rho}(\mathcal{T}_{\omega}))$, there holds

$$\underbrace{\min_{\substack{v_{\mathcal{T}} \in V'_{\rho}(\mathcal{T}_{\omega}) \\ d^l v_{\mathcal{T}} = r_{\mathcal{T}}}} \|v_{\mathcal{T}}\|}_{u_{\mathcal{T}}^* := \arg} \leq C'_{\min} \underbrace{\min_{\substack{v \in V^l(\omega) \\ d^l v = r_{\mathcal{T}}}} \|v\|}_{u^* := \arg}.$$

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Then the DPI hold with constants $C_{\mathbf{p}}^{d,l} \leq C'_{\min} C'_{\mathbf{p}}$.

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Then the DPI hold with constants $C^{d,l}_{\mathbf{P}} \leq C'_{\min} C'_{\mathbf{P}}$.

Proof.

Let $u_{\mathcal{T}} \in \mathbb{Z}^{\perp} V^l_{\rho}(\mathcal{T}_{\omega})$. Set $r_{\mathcal{T}} := d^l u_{\mathcal{T}} \in d^l(V^l_{\rho}(\mathcal{T}_{\omega}))$. Then

$$\|u_{\mathcal{T}}\| = \|u^*_{\mathcal{T}}\| \leq C'_{\min} \|u^*\| \leq C'_{\min} C'_{\mathbf{P}} h_{\omega} \|d^l u^*\| = C'_{\min} C'_{\mathbf{P}} h_{\omega} \|d^l u_{\mathcal{T}}\|.$$

Broken polynomial extension operators $\implies$ DPI

Theorem (Broken polynomial extension operators $\implies$ DPI)

Assume that there is $C_{\min}^I$ such that, for all $r_{\mathcal{T}} \in d^I(V_{\rho}^I(\mathcal{T}_{\omega}))$, there holds

$$\underbrace{\min_{\substack{v_{\mathcal{T}} \in V_{\rho}^I(\mathcal{T}_{\omega}) \\ d^I v_{\mathcal{T}} = r_{\mathcal{T}}}} \|v_{\mathcal{T}}\|}_{u_{\mathcal{T}}^* := \arg} \leq C_{\min}^I \underbrace{\min_{\substack{v \in V^I(\omega) \\ d^I v = r_{\mathcal{T}}}} \|v\|}_{u^* := \arg}.$$

Then the DPI hold with constants $C_{\mathbf{p}}^{d,I} \leq C_{\min}^I C_{\mathbf{p}}^I$.

- $r_{\mathcal{T}}$ are piecewise polynomials: **broken polynomial extension operators** by Braess, Pillwein, and Schöberl (2009), Ern and Vohralík (2020), Chaumont-Frelet, Ern, and Vohralík (2022), Chaumont-Frelet and Vohralík (2026), Demkowicz and Vohralík (2026) if $\bar{\omega}$ is contractible
- $C_{\min}^I$ only **depend** on the number of tetrahedra $|\mathcal{T}_{\omega}|$ and the shape-regularity $\rho_{\mathcal{T}_{\omega}}$ (only on $\rho_{\mathcal{T}_{\omega}}$ for patches tetrahedra)
- $C_{\min}^I$, and consequently $C_{\mathbf{p}}^{d,I}$, is **independent** of the polynomial degree p

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Stable commuting projectors $\implies$ DPI

Theorem (Stable commuting projectors $\implies$ DPI)

Assume that there are projectors $\Pi_p^m : V^m(\omega) \rightarrow V_p^m(\mathcal{T}_\omega)$, $m \in \{1:3\}$, satisfying, for all $l \in \{1:2\}$, **commuting**

$$d^l(\Pi_p^l(u)) = \Pi_p^{l+1}(d^l u) \quad \forall u \in V^l(\omega),$$

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and **L^2 -stability** on functions whose **image by d^l is piecewise polynomial**

$$\|\Pi_p^l(u)\| \leq C_{\text{st}} \|u\| \quad \forall u \in V^l(\omega) \text{ such that } d^l u \in V_p^{l+1}(\mathcal{T}_\omega).$$

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Proof.

Let $u_{\mathcal{T}} \in \mathfrak{Z}^\perp V_p^l(\mathcal{T}_\omega)$. Set $r_{\mathcal{T}} := d^l u_{\mathcal{T}} \in d^l(V_p^l(\mathcal{T}_\omega))$.

- $\Pi_p^l(u^*) \in V_p^l(\mathcal{T}_\omega)$ by definition, $d^l u^* = r_{\mathcal{T}} \in V_p^{l+1}(\mathcal{T}_\omega)$
- $d^l(\Pi_p^l(u^*)) = \Pi_p^{l+1}(d^l u^*) = \Pi_p^{l+1}(r_{\mathcal{T}}) = r_{\mathcal{T}}$, using commuting and projection
- L^2 -stability and PI imply

$$\|u_{\mathcal{T}}\| = \|u_{\mathcal{T}}^*\| \leq \|\Pi_p^l(u^*)\| \leq C_{\text{st}} \|u^*\| \leq C_{\text{st}} C_P^l h_\omega \|r_{\mathcal{T}}\|$$

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Then DPI hold with constants $C_p^{d,l} \leq C_{\text{st}} C_p^l$.

- **L^2 -** (piecewise polynomial data) **stable commuting projectors** by Arnold, and Guzmán (2021), Ern, Gudi, Smears, and Vohralík (2022), Chaumont-Frelet and Vohralík (2024), Ern, Guzmán, Potu, and Vohralík (2026): C_{st}^l only **depend** on the polynomial degree p and the shape-regularity $\rho_{\mathcal{T}_\omega}$ but are **independent** of the number of tetrahedra $|\mathcal{T}_\omega|$

Stable commuting projectors $\implies$ DPI

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- Demkowicz and Vohralík (2026): C_{st}^2 , and consequently $C_p^{d,2}$, (**$H(\text{div}, \omega)$** case), **only depend** on $\rho_{\mathcal{T}_\omega}$ and are thus **independent** of p and $|\mathcal{T}_\omega|$

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Piecewise Piola transformations $\implies$ DPI

Theorem (Piecewise Piola transformations $\implies$ DPI)

*DPI hold with constants that only **depend** on the shape-regularity parameter $\rho_{\mathcal{T}_\omega}$, the number of tetrahedra $|\mathcal{T}_\omega|$, and the polynomial degree p , but **do not need to invoke** the constants C'_p .*

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Proof.

- collection of reference patches
- piecewise Piola transformations
- equivalence of norms in finite dimension

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Conclusions and outlook

Conclusions

- equivalence of five seemingly disconnected properties
- optimal result: $C_p^{d,2}$ **only depends** on $\rho\mathcal{T}_\omega$

Conclusions and outlook

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- equivalence of five seemingly disconnected properties
- optimal result: $C_P^{d,2}$ **only depends** on $\rho\mathcal{T}_\omega$

Ongoing work

- $C_P^{d,1}$ **only depends** on $\rho\mathcal{T}_\omega$
- non-Hilbertian setting
- other complexes

Conclusions and outlook

Conclusions

- equivalence of five seemingly disconnected properties
- optimal result: $C_P^{d,2}$ **only depends** on $\rho\mathcal{T}_\omega$

Ongoing work

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- other complexes

References

-  ERN A., GUZMÁN J., POTU, P., AND VOHRALÍK M., Discrete Poincaré inequalities: a review on proofs, equivalent formulations, and behavior of constants, *IMA J. Numer. Anal.* (2025), DOI 10.1093/imanum/draf089.

Conclusions and outlook

Conclusions

- equivalence of five seemingly disconnected properties
- optimal result: $C_P^{d,2}$ **only depends** on $\rho\mathcal{T}_\omega$

Ongoing work

- $C_P^{d,1}$ **only depends** on $\rho\mathcal{T}_\omega$
- non-Hilbertian setting
- other complexes

References

-  ERN A., GUZMÁN J., POTU, P., AND VOHRALÍK M., Discrete Poincaré inequalities: a review on proofs, equivalent formulations, and behavior of constants, *IMA J. Numer. Anal.* (2025), DOI 10.1093/imanum/draf089.

Thank you for your attention!